



Hydrating Sparkling Lime Mocktail

1 serving

3 minutes

Ingredients

1/2 cup Coconut Water
2 tbsps Lime Juice
1/16 tsp Sea Salt
5 Ice Cubes
1/2 cup Sparkling Water

Nutrition

Amount per serving	
Calories	30
Fat	0g
Carbs	8g
Fiber	0g
Sugar	5g
Protein	0g
Selenium	0µg

Directions

- 1 Add the coconut water, lime juice, salt, and ice to a glass. Top with sparkling water and stir. Enjoy!

Notes

Leftovers: Best enjoyed immediately.

Additional Benefits: Add a scoop of collagen powder.